



Heaven's Gain Miscarriage Kit

An instructional video is available on YouTube.
<https://www.youtube.com/watch?v=YPHyIAohfyk&t=7s>
Or search on YouTube "Heaven's Gain Ministries Miscarriage Kit"

Heaven's Gain Miscarriage Kit includes:

- White collection pan to measure blood loss
- A squirt bottle to rinse the colander contents
- Colander to catch the baby
- A vessel in which to place the baby
- Pictures of baby development
- Disposable gloves
- Blood loss measurement chart
- A bag to place the placenta in for possible chromosomal testing
- 2 Thick resealable bags to store the miscarriage kit and colander



Client Directions for Using the Miscarriage Kit:

- Once you start spotting, bring the miscarriage kit into the bathroom with you.
- Remove the contents of the miscarriage kit.
- Fill the squirt bottle with water.
- Put on the gloves. If you choose to use them.
- Place the collection pan in the toilet to measure blood loss. Remove during urination.
- Expand the blue colander by gently pushing down the center area & place it in the white collection pan.



NOTE: During urination, the blood collection pan is removed, but you will need to hold the colander to catch anything that may pass as you urinate. Use of the colander will allow your urine to pass through while retaining clots.

- Once you see contents in the colander, bring the colander to the sink and place the collection pan to the side to maintain an accurate blood loss measurement. Use the squirt bottle to rinse off the blood to reveal the contents in the colander at the sink.
- If there are any contents in the strainer, examine those contents.
- Discern and distinguish blood clots from the placenta, sack, cord, and baby. Use the pictures of baby development to find the baby. Please understand, your baby may not look the same due to chromosomal abnormalities or decomposition that may have begun.
- Each time you empty the collection pan, record amount of blood loss onto the blood loss chart.





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- Repeat until the baby and placenta have passed. This may take many trips to the bathroom.
- If you find the baby, carefully place your baby in the vessel. The very small baby's body is fragile and can be placed in the vessel with water (preferably saline solution/contact solution) to keep the fragile baby's body safe and to view the baby. When not viewing the baby, please keep the baby in the vessel in the refrigerator until burial.
- If you choose to use the saline bath to preserve the baby, fill the vessel with saline solution (contact lens solution will work). This will recreate a womb-like environment. Place the lid on the bottle and lay it on its side. Observe your baby peacefully floating in saline solution. You may wish to take pictures.
- **Finding your baby's body does not always happen.** Breakdown sometimes happens before delivery.
- The placenta is usually thicker than a clot. One side is bloody while the other side is iridescent, and you can usually see some veins. The placenta can be placed in the bag for future testing or to be viewed by the doctor. If you are having genetic testing, put the placenta in the small resealable bag, and refrigerate it until you can bring it to the hospital or doctor. If not choosing to test, you may dispose of the placenta in the toilet.
- If you do not find the baby, clean the colander and let it air dry. Discard gloves and place the colander back in the large storage bag until the next trip to the bathroom. Start the process again on the next trip to the bathroom.



Miscarriage caskets for burial can be found at <https://heavensgain.org/1st-trimester-miscarriage-caskets/>

For more information contact Heaven's Gain Ministries @ (513) 607-6083 to talk to one of our **Advocates for Parents of Perinatal Loss™ (APPL)**. Your assigned **APPL™** can prepare you for the miscarriage and is available via phone during the miscarriage. **APPL's** are advocates only and do not provide any medical advice. Please contact your doctor with all medical questions.



All support services are free. Please refer to the enclosed brochure for more information.



Group support is available on the second Thursday of each month on Zoom. Call (513) 619-0100 for more information about available group support, and to access the Zoom ID + password.

Individual and couple support is also available.

More information on support services can be found at <https://heavensgain.org/services-2/>

***Note: For informational & educational purposes only, does not substitute for medical advice or consultations with healthcare professionals.